

How to diagnose RHABDOMYOLYSIS

Ask your doctor to consider the following tests

CREATINE KINASE (CK) LEVEL

Measures muscle enzyme levels; elevated CK indicates muscle damage.



MYOGLOBIN TEST

Detects myoglobin in urine, which can indicate muscle breakdown.



ELECTROLYTE PANEL

Assesses levels of potassium, calcium, and phosphate, which can be affected by muscle injury.



BLOOD UREA NITROGEN (BUN) AND CREATININE

Evaluates kidney function, as rhabdomyolysis can lead to kidney damage.



URINALYSIS

Checks for the presence of myoglobin and other abnormalities in urine.



LIVER FUNCTION TESTS

Assesses liver health, as liver enzymes may be elevated in severe cases.

